



LUTHERAN HIGH SCHOOL ATHLETICS

Rachelle Robbins - Athletic Director

Dylan Johnson - Assistant Athletic Director

Bill Brandsma - Assistant AD/Coaching Development

Becki Whittaker - Sports Information/Athletic Secretary

WINTER SPORTS MEETING

MONDAY, NOVEMBER 6TH - 7:45 PM

<https://www.lhsparker.org/golions>

LuHi ATHLETICS OVERVIEW

2022-2023 Season

- **Over 540 of Lutheran Students (59%) participated in a sport last year**
- **Approximately 120 students participate in 2 sports**
- **Approximately 40 students are 3rd and 4th sport athletes**
- **Added JV Softball, JV Cheer and a Developmental Baseball Team last year (2022-2023 season).**
- **LuHi Athletics moved to 4A for the 2022-2023 school year and are a part of the Pikes Peak Athletic League.**
- **120+ 1st Team Academic All State Athletes (GPA 3.6 or higher)**
- **30+ Honorable Mention Academic All State Athletes (GPA 3.30 - 3.59)**
- **20+ All State Athletes 100+ All Conference Athletes 6 Coach of the Year**

Winter Sports

Girls Basketball

League Champions & State Final Four

Boys Basketball

State Final Four

Wrestling

3 State Qualifiers

- **Girls Basketball:**
 - League Champs
 - State Final Four
 - Raelyn Kelty scored over 1K career points
 - 5 All Conference Athletes / Coach of the Year
 - 2 All-State Athletes
- **Boys Basketball:**
 - State Final Four
 - 3 All Conference Athletes
 - 1 All State Athlete
- **Wrestling :**
 - 3 State Qualifiers
 - 5 All Conference Athletes

PIKES PEAK LEAGUE



CHEYENNE MOUNTAIN



LUTHERAN



AIR ACADEMY



PALMER RIDGE



LEWIS PALMER



DISCOVERY CANYON

Physicals and AT Genius: All athletes trying out MUST have a current physical on file and all forms complete on AT Genius. Athletes that do not have this complete will NOT be able to participate in tryouts.

**** TRANSFER STUDENTS- must connect with Rachelle Robbins regarding CHSAA eligibility. This process must be initiated by the athletic director.**



New this year: Athletic fees will be withdrawn from your FACTS account. We will not be collecting cash or checks for athletic fees

November 21st - You will receive an invoice from FACTS

December 1st - Athletic Fee will be withdrawn from your FACTS account



SYNERGY SPORTS & REHAB

Kelsey L. Krisch
MS, LAT, ATC, PES, CES
Head Athletic Trainer Lutheran High School
Synergy Sports and Rehab Athletic Trainer



- ★ **SYNERGY IS THE PROUD SPONSOR OF THE SPORTS MEDICINE PROGRAM AT LUTHERAN HS**
- ★ **LUTHERAN HS IS THE ONLY SCHOOL IN DOUGLAS COUNTY THAT HAS A PHYSICAL THERAPIST ON STAFF**
- ★ **KELSEY IS ONSITE DAILY - HER TRAINING ROOM/OFFICE IS LOCATED AT THE ENTRANCE OF THE FORGE/WEIGHT ROOM**

Jeff Katzoff
PT, DPT, LAT, ATC, CSCS, TDN, Certified
Titleist Performance Specialist, FMS
Director/Owner Synergy Sports and Rehab



NOTE: *ATGenius* information on QR CODE is ONLY to be used by NEW LuHi Athletes



Any current/past LuHi student athletes must use original login information - If you need assistance with login information, please contact Kelsey.Krisch@lhsparker.org

ATGenius CODE FOR LUTHERAN ATHLETICS IS - LIONS2021





Want to Play College Sports?



Want to Play College Sports?

Changes in LuHi Athletics this year:

Gate fees

Credit Card/Apple Pay only at LuHi Sporting Events

Athletic Fees will be pulled from your FACTS account:

- November 21st- notification sent to your email

- December 1st- fees withdrawn

Hudl Streaming for all home events (free)

<https://fan.hudl.com/United-States/CO/Parker/organization/2305/Lutheran-High-School>



New this year: Athletic fees will be withdrawn from your FACTS account. We will not be collecting cash or checks for athletic fees

November 21st - You will receive an invoice from FACTS

December 1st - Athletic Fee will be withdrawn from your FACTS account

Winter Sports Fee: \$500

***If an athlete quits a sport between Nov. 17th-Dec. 1st a refund (minus a \$50 fee) will be given.
After December 1st, no refunds will be given.**



How to sign up for alerts:

1. Go to the following link: <https://pikespeakathleticconference.org/public/genie/618/school/6546/>
2. Click on the "Notify Me" button on the right side of the screen
3. Enter your email and password in the "create an account" section
4. Enter your information as directed - Include your cell phone number and carrier if you would also like to receive text updates
5. Under "Conference/Team Schedule Events", select the programs that you would like to receive reminders and scheduling changes for. Ignore the "School-Only Events" section
 - a. All of the sports LuHi offers are listed and can be selected. But, schedules will not be viewable until they are finalized
6. Set the game reminders if you would like, and make sure that each schedule is checked yes under "Schedule Changes"

How to view schedules:

1. Go to the following link: <https://pikespeakathleticconference.org/public/genie/618/school/6546/>
2. If you do not click anything, you can view all of our spring sporting events by navigating through weeks or months
3. If you would like to view a certain schedule, or multiple schedules at the same time i.e. all of levels of baseball, select the view schedule button, check each box next to the schedule that you would like to view, and click view.
4. From here you can print or email this schedule (you can select which format to email the schedule in) and change the view to show events on a calendar
5. If you would like to view the location on a map, simply click on the game

How to sync a schedule with your calendar:

1. Check the box of each schedule you would like to sync under the "View Schedules" tab
2. Click the "View" button
3. Click on subscribe in the upper right hand corner, and follow the instructions from there
4. As events are changed, your calendar will automatically update

Reach out to Dylan Johnson with any questions: dylan.johnson@lhsparker.org



GIRLS BASKETBALL



HEAD COACH - JOSH SCHNEIDER

Open Gyms: November 7-9th 5:15pm-6:45pm LuHi Gym

Tryouts: November 13th 3-5pm & November 14th 6-8pm

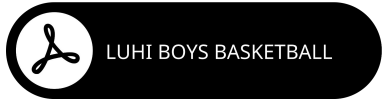
Practice Begins: Wednesday, November 15th 3-5pm (all levels)

Parent/Player Meeting: Wednesday, November 15 @ 5:30 in the P.A.R

Pictures and Varsity Video: November 18th- 12:00-2:30pm (LuHi Gym)

Service Project: Operation Christmas Child TBD





LUHI BOYS BASKETBALL

BOYS BASKETBALL

HEAD COACH - BILL BRANDSMA

Practice Begins: Monday, November 13th

CrossTown Throw Down: Thursday, November 16th

Team Pictures: Saturday, November 18th

Service Projects: Parker Task Force, Saturday, October 22nd and Bags of Fun, Dates TBD





WRESTLING

HEAD COACH - AARON COUCH

Practice Begins:
Monday, November 13th
3:45 @ Southeast Christian Church

No Tryouts/No Cuts

Pictures/Video: November 18th- 3:00-4:30 (in the LuHi Gym)

Service Project: TBD



Ways to support LuHi Athletics: <https://form.jotform.com/222075184300041>

LION PRIDE BOOSTER CLUB- \$1,200

-Free admission for your entire family to ALL LuHi sporting events

** (not including playoffs/official CHSAA events)

-VIP Events that will be hosted at sporting events throughout the year

-Recognition on game programs and at LuHi home games

-2 Stadium Seats OR Stadium Blanket if you received stadium seats last year



GYM BANNERS- Proudly display your company logo in the Lion's Den

-New banner is \$750/Renewal is \$500

YARD SIGNS- Display your LuHi Pride at home with a sign displaying your athlete's name and Sport- email will be sent once rosters are made

Follow LuHi Athletics on Social Media:

<https://twitter.com/LHSparkerSports>

https://www.instagram.com/luhi_lions/

<https://www.facebook.com/LHSP.athletics>

#GoLuHi

BOYS BASKETBALL
GIRLS BASKETBALL
WRESTLING

GYM
CAFETERIA
ROOM 032