

## **LUTHERAN HIGH SCHOOL ATHLETICS**

Rachelle Robbins - Athletic Director Dylan Johnson - Assistant Athletic Director Bill Brandsma - Assistant AD/Coaching Development Leah Schlecht - Sports Information Coordinator Becki Whittaker - Athletic Assistant

SPRING SPORTS MEETING MONDAY, FEBRUARY 10th - 7:00 PM https://www.lhsparker.org/golions

## PIKES PEAK LEAGUE



**CHEYENNE MOUNTAIN** 











## **2023-2024 Spring Highlights**

## Baseball

'22 & '23 Final 4, '24 Final 16 9 All Conference/All State Players 10 College Signees (2023-2024) 75+ Participants/4 Levels

## Girls Golf

7 -1st Place Tournament Wins PPAC League Champions Regional Champions 5th Place Finish at State 6 All Conference/All State Golfers 1 College Signee 12+ Participants/2 Levels

## Boys Lacrosse

State Playoff Qualifier 2021-2024 14 All Conference/All State Players 1 College Signee 50+ Participants/2 Levels

## Girls Soccer

2023 & 2024 4A State Runner-up 10 All Conference/All State Players 3 College Signees 35+ Participants/2 Levels

## • Girls Tennis

Qualified for Team State Regional Champions 9 out of 11 Players Qualified for Individual State 3rd Place Finisher at Individual State in No. 1 Singles 25+ Participants/2 Levels

## Track & Field

25+ State Competitors 15 All Conference/ All State Athletes 4 College Signers 120+ Participants/2 Levels

## **Lutheran High School Athletics**

### **Brief Financial Report for 2023-2024**

### Revenue = \$759,158.90

| Player Fees     | 50.0% |
|-----------------|-------|
| Golf Tournament | 8.8%  |
| Ads             | 1.7%  |
| Boosters        | 4.8%  |
| Summer Strength | 13.8% |
| Playoff Gate    | 2.4%  |
| Gate            | 7.0%  |
| Concessions     | 2.7%  |
| Rentals         | 3.0%  |
| Other           | 5.8%  |

### Expenses = \$759,032.31

| Coaching Stipends                   | 29.0% |
|-------------------------------------|-------|
| Specific Program Operating/Banquets | 30.3% |
| Uniforms                            | 6.1%  |
| Transportation                      | 8.7%  |
| Officials                           | 6.2%  |
| Golf Tourney                        | 2.9%  |
| Concessions                         | 1.5%  |
| CHSAA/HUDL                          | 4.1%  |
| Playoffs                            | 3.8%  |
| Other                               | 7.4%  |

Note: Athletic department salaries and facility rental are not included in athletic department expenses.



Physicals and AT Genius: All athletes trying out MUST have a current physical on file and all forms complete on AT Genius. Athletes that do not have this complete will NOT be able to participate in tryouts.

\*\* TRANSFER STUDENTS- must connect with Rachelle Robbins regarding CHSAA eligibility. This process must be initiated by the athletic director.

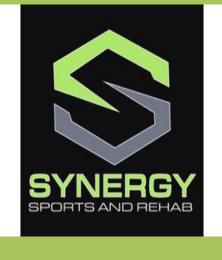


Athletic fees will be withdrawn from your FACTS account. We will not be collecting cash or checks for athletic fees.

March 3 - You will receive an invoice from FACTS notifying you of upcoming withdrawal.

March 13 - Athletic Fee will be withdrawn from your FACTS account

\*A refund, less a \$50 fee, will be issued upon approval of the athletic director if an athlete chooses not to participate within the first two weeks of the season. After March 15th, no refund will be given.





Kelsey L. Krisch MS, LAT, ATC, PES, CES Head Athletic Trainer LuHi Synergy Sports & Rehab Athletic Trainer



- ★ SYNERGY IS A PROUD SPONSOR OF THE SPORTS MEDICINE PROGRAM AT LUTHERAN HS
- ★ LUTHERAN HS IS THE ONLY SCHOOL IN DOUGLAS COUNTY THAT HAS A FULL TIME PHYSICAL THERAPIST ON STAFF
- ★ KELSEY IS ONSITE DAILY HER TRAINING ROOM/OFFICE IS LOCATED AT THE ENTRANCE OF THE FORGE/WEIGHT ROOM

Jeff Katzoff PT, DPT, LAT, ATC, CSCS, TDN, Certified Titleist Performance Specialist, FMS Director/Owner Synergy Sports & Rehab



## NOTE: <u>ATGenius information on QR CODE is ONLY to be</u> <u>used by NEW LuHi Athletes</u>

Any current/past LuHi student athletes must use original login information - If you need assistance with login information, please contact Kelsey.Krisch@lhsparker.org



Physicals and AT Genius: All athletes trying out MUST have a current physical on file and all forms complete on AT Genius. Athletes that do not have this complete will NOT be able to participate in tryouts.

## **ATGenius CODE FOR LUTHERAN ATHLETICS IS - LIONS2021**







If you have a son or daughter playing a sport at Lutheran High School, I want to encourage you to attend the NCAA Informational Meeting that will be held on Wednesday, March 12th in the Gym 7:30pm - 9:00pm.

During this meeting we will briefly discuss the NCAA landscape for each sport, cover the need to get your athlete registered with the NCAA, discuss the academic worksheets that parents are encouraged to complete along with their kid, and hear from various coaches about what the recruiting process often looks like for each sport.

Please know that although your son or daughter may not have interest in playing sports in college, the information shared during this meeting will be extremely helpful should they be offered the opportunity at a later date.



# WANT TO PLAY COLLEGE SPORTS?

## DOWNLOAD THE LUHI LIONS APP!











### How to sign up for alerts:

- Go to the following link: <a href="https://pikespeakathleticconference.org/public/genie/618/school/6546/">https://pikespeakathleticconference.org/public/genie/618/school/6546/</a>
- 2. Click on the "Notify Me" button on the right side of the screen
- 3. Enter your email and password in the "create an account" section
- 4. Enter your information as directed Include your cell phone number and carrier if you would also like to receive text updates
- 5. Under "Conference/Team Schedule Events", select the programs that you would like to receive reminders and scheduling changes for. Ignore the "School-Only Events" section
  - a. All of the sports LuHi offers are listed and can be selected. But, schedules will not be viewable until they are finalized
- Set the game reminders if you would like, and make sure that each schedule is checked yes under "Schedule Changes"

### How to view schedules:

- Go to the following link: <a href="https://pikespeakathleticconference.org/public/genie/618/school/6546/">https://pikespeakathleticconference.org/public/genie/618/school/6546/</a>
- 2. If you do not click anything, you can view all of our spring sporting events by navigating through weeks or months
- 3. If you would like to view a certain schedule, or multiple schedules at the same time i.e. all of levels of baseball, select the view schedule button, check each box next to the schedule that you would like to view, and click view.
- 4. From here you can print or email this schedule (you can select which format to email the schedule in) and change the view to show events on a calendar
- 5. If you would like to view the location on a map, simply click on the game

### How to sync a schedule with your calendar:

- Check the box of each schedule you would like to sync under the "View Schedules" tab
- 2. Click on subscribe in the upper right hand corner, and follow the instructions from there
- 3. As events are changed, your calendar will automatically update

Reach out to Dylan Johnson with any questions: dylan.johnson@lhsparker.org

## SPRING SPORTS PHOTO SCHEDULE

\*\*\*It is imperative that your student be present at these photo shoots in order to be in team pictures/videos. There will NOT be a make up day for pictures!

THURSDAY, FEBRUARY 27 - SOCCER \*LUHI FIELD - 9:00am

MONDAY, MARCH 3 - BOYS VOLLEYBALL \*CAFETERIA - 3:15

THURSDAY, MARCH 6 - TRACK \*CAFETERIA - 3:15

MONDAY, MARCH 10 - BASEBALL \*GAMEDAY - 3:15

**TUESDAY, MARCH 11 - GIRLS GOLF \*THE PINERY** - 3:15

TUESDAY, MARCH 11 - GIRLS TENNIS \*RAILBENDER - 5:00

WEDNESDAY, MARCH 12 - LACROSSE \*CAFETERIA - 3:00

\*\*\*All VIDEO shoots will be scheduled by head coaches



## **BASEBALL**

## **HEAD COACH - SCOTT HORMANN**

Tryouts: Monday, February 24th - Thursday, February 27th

\*Salisbury Park 3:30-5:30

Practice Schedule given out after tryouts

4 Levels: Varsity, JV, C-Team, D-Team

Team Kickoff: Pancake Breakfast Saturday, March 1st 7:30-9:30 LuHi Cafeteria







## **BOYS VOLLEYBALL**

## **HEAD COACH - JOSH BRGOCH**

Tryouts: Monday, February 17th - Tuesday, February 18th \*LuHi Gym from 3-6PM

2 Levels: Varsity & JV

Practice: 4:00 - 6:00 Varsity & 3:00-4:30 JV



## GIRLS GOLF

## **HEAD COACH - DEVIN WOOD**

Tryouts: Week of February 24th TBD

2 Levels: Varsity & JV

Practice: Practice begins Monday, February 24th
Practice locations and times will vary depending on weather and

availability

Team Kickoff dinner on Friday, March 14th

Service Project: Treasure House on Friday, March 7th 5-9PM





## GIRLS SOCCER

## **HEAD COACH - AMY ESTES**

Tryouts: Monday, February 24th-Wednesday, February 26th \*LuHi field 3:00-5:00

3 Levels: Varsity, JV & C Team

Practice: 3:00-5:00





## **GIRLS TENNIS**

## **HEAD COACH - DARCY HENDRICKS**

Tryouts: Monday, February 24th \* at Railbender 3:15

Two Levels: Varsity & JV

Practice: All levels will practice Monday-Friday from 3:15 - 5:15 at Railbender

Service Project: Safe Places for Women TBD







## LACROSSE

## **HEAD COACH - TYLER SNYDER**

Tryouts: Monday, February 24th \*LuHi Field 5:00

2 Levels: Varsity & JV Practice: 5:00-7:00





## TRACK & FIELD

## **HEAD COACH - DARWIN HORAN**

No tryouts - Practice every day starting at 3:15 beginning February 24th

Spike Night: Monday, March 3 @ Runners Roost (Lone Tree) 5:15-7:00





## LUTHERAN HIGH SCHOOL ATHLETICS ANNUAL GOLF TOURNAMENT



SAVE THE DATE FOR OUR ANNUAL GOLF TOURNAMENT HELD AT THE PINERY COUNTRY CLUB - TUESDAY, MAY 27TH

ALL FUNDS RAISED BENEFIT THE LUTHERAN HIGH SCHOOL ATHLETIC DEPARTMENT

SPONSORSHIP OPPORTUNITIES ARE AVAILABLE - PLEASE REACH OUT TO RACHELLE OR BECKI FOR MORE INFORMATION

## THANK YOU TO OUR LUHI BOOSTER CLUB MEMBERS!

**SCOTT & JENNIFER RICE EMANUEL & MARIE COCIAN BRENT & DARCY HENDRICKS** TRENT & JENNIFER GETSCH PJ JUSTUS FAMILY JEN JUSTUS HOMES WITH REMAX ALLIANCE **JUSTIN & KATIE ROSS** ROSS LAW PC MICAH & KAYLEA WORRELL TROY & HOLLY SCHROEDER JOE & MOLLY ROTTINGHAUS SCOTT & NICOLE BARTON **JAMIE & JESSICA HAGEMAN** 



### Ways to support LuHi Athletics: https://form.jotform.com/222075184300041

### **LION PRIDE BOOSTER CLUB-** \$1,200

- -Free admission for your entire family to ALL LuHi sporting events
- \*\*not including postseason/official CHSAA events
- -VIP Events that will be hosted at sporting events throughout the year
- -Recognition on game programs and at LuHi home games
- -2 Stadium Seats OR Stadium Blanket if you received stadium seats last year

**GYM BANNERS**- Proudly display your company logo in the Lion's Den

**YARD SIGNS**- Display your LuHi Pride at home with a sign displaying your athlete's name and sport



### Follow LuHi Athletics on Social Media:

https://twitter.com/LHSparkerSports

https://www.instagram.com/luhi\_lions/

https://www.facebook.com/LHSP.athletics

















**BASEBALL CAFETERIA BOYS VOLLEYBALL ROOM 136 GIRLS GOLF ROOM 165 GIRLS SOCCER ROOM 162 GIRLS TENNIS ROOM 164** LACROSSE **ROOM 032 TRACK & FIELD GYM**