

DRESS AND APPEARANCE CODE

Lutheran High School perceives education as a professional activity and has adopted a conservative approach to the type of clothing appropriate for school dress. Therefore, LHS minimizes the focus on fashion and moves students to a certain degree of conformity. Basically, school clothes should reflect Christian modesty, be neat and clean, and convey a school-appropriate appearance.

It is expected that all students will follow the dress and appearance code from the time of arrival to the time of departure. This means students must be in dress and appearance code the entire time they are on campus. The only exception to this is for after school athletics or events that require otherwise. Special *Casual for a Cause* or “dress-down” days may take place throughout the year.

Students may not genuinely attempt to portray themselves as members of the opposite gender (as determined by biological sex).

If parents/guardians or students are uncertain as to whether an article of clothing meets the expectations of the school, they are welcome to ask before wearing it.

LHS believes that the major responsibility for student appearance rests with the student and their parents/guardians.

BOYS' DRESS CODE

1. All boys are to wear appropriate and neat shirts that may or may not have collars. Shirts should be solid or patterned, free of writing, images, or anything more than a small logo (less than 3 inches). Shirts should not be tie-dyed (or a tie-dyed look) or camouflage. White T-shirts traditionally viewed as an undergarment may not be worn as a solid T-shirt. Shirts must have sleeves. Lutheran High School T-shirts are acceptable. Team athletic jerseys are not acceptable, unless cleared by the assistant principal and head coach.
2. All boys are to wear neat (not having holes or rips and must not be revealing) and clean pants or shorts; any color or pattern is acceptable. Camouflage, pajama pants, or athletic/sweat material are not allowed. Pants and shorts must be neatly hemmed and sized to fit. All shorts must not be shorter than fingertip length or deemed inappropriate. Blue jeans and non-sweatpant joggers are acceptable.
3. All boys should wear appropriate footwear that must be worn at all times inside and outside the building. Flip flop style, slides, or slippers (Uggs, bedroom, etc) are not permitted.
4. Hats, caps, or headgear of any type is not allowed. Sunglasses are not allowed to be worn inside the building.

5. Jackets or coats worn into the building must be neat and clean and have no negative patches or designs. Jackets or coats should not be worn during the school day unless approved by the classroom teacher.
6. Non-Lutheran High School hoodies are not allowed. Lutheran High School hoodies are acceptable and may be worn during the school day. Plain crewneck sweatshirts and quarter zips are allowed.
7. Boys may wear stud-style earrings only, one per ear. Earrings in which the hole can be seen through or that stretch the earlobe around a gauge are not allowed. Nose and other body piercings are out of dress code.
8. Tattoos of any type are not appropriate for LHS and must not be visible on school grounds.
9. Boys may not wear make-up or nail polish.

GIRLS' DRESS CODE

1. All girls are to wear appropriate and neat shirts that may or may not have collars. Shirts should be solid or patterned, free of writing, images, or anything more than a small logo (less than 3 inches). Shirts should not be tie-dyed (or a tie-dyed look) or camouflage. Undergarments may not be exposed or visible through clothing. Shirts must have at least a cap sleeve (no tanks or straps). Clothing must conceal cleavage, sides, back, and midriff (shirts and tops must extend to at least 2" below the waistline). Lutheran High School T-shirts are acceptable. Team athletic jerseys are not acceptable, unless cleared by the assistant principal and head coach.
2. All girls are to wear neat (not having holes or rips and must not be revealing) and clean pants or shorts/skirts; any color or pattern is acceptable. Camouflage, "yoga" or running style, pajama pants, or sweat material are not allowed. Pants must be neatly hemmed and sized to fit. Tight-fitting leggings may only be worn with skirts, dresses, or shirts that are modest and at least "fingertip" length around the entire body. All shorts/skirts must be modest and not be shorter than fingertip length or deemed inappropriate. Blue jeans and non-sweatpant joggers are acceptable.
3. If dresses are worn, they must be modest, including the neckline. Dresses must not be shorter than fingertip length or deemed inappropriate. Dresses and skirts must not be form fitting to the body. Dresses must have at least a cap sleeve.
4. All girls should wear appropriate footwear that must be worn at all times inside and outside of the building. Dress style sandals are allowed. Flip flop style, slides, or slippers (Uggs, bedroom, etc.) are not permitted.

5. Hats, caps, or headgear of any type is not allowed. Sunglasses are not allowed to be worn inside the building.
6. Jackets or coats worn into the building must be neat and clean and have no negative patches or designs. Jackets or coats should not be worn during the school day unless approved by the classroom teacher.
7. Non-Lutheran High School hoodies are not allowed. Lutheran High School hoodies are acceptable and may be worn during the school day. Plain crewneck sweatshirts and quarter zips are allowed.
8. Girls may have multiple piercings in each ear. Spikes or other ear piercings that protrude greatly from the earlobe on either side are not acceptable. Earrings in which the hole can be seen through or that stretch the earlobe around a gauge are not allowed. Small stud-style nose piercings are allowed. Nose rings and hoops are not allowed. No other body piercing jewelry is allowed – this includes tongue, eyebrow, septum, and lip piercings. Students may not simply cover a piercing with a band-aid or use a clear and “less visible” piercing.
9. Tattoos of any type are not appropriate for LHS and must not be visible on school grounds.
10. Makeup that is worn should not be distracting or offensive.

DANCE DRESS CODE

Lutheran High School believes our dress at dances should continue to adhere to Christian modesty and be neat and clean. The school’s dress guidelines provide an opportunity to learn an important Christian concept: Living in Christ’s freedom by considering the rights and feelings of others. Scripture tells us to show love and consideration for others in “all things” (Romans 14). In applying this precept to dress and appearance, it is concluded that one must never wear clothing that offends others or makes them uncomfortable. Therefore, we have the following guidelines for the school’s formal dances.

Students may not genuinely attempt to portray themselves as members of the opposite gender (as determined by biological sex).

| LADIES | GENTLEMEN |
|---|--------------------------|
| Skirts/Dresses must be fingertip length | Collared shirt |
| Slits no higher than fingertip length | Shirts must have sleeves |
| No exposed undergarments | Shirts must remain on |
| No bare midriffs | No jeans |
| Necklines must be modest (no plunging or deep V tops) | No bandanas or chains |
| No sheer or see-through dresses | |
| No see through or bare sides | |

HAIR LENGTH AND STYLES

Boys'/Girls' hair must be of a modest style, well-kept, natural color, and neatly groomed. Extreme/distracting styles are not permitted. (The school administration reserves the right to require a student to change a hairstyle, groom facial hair, or change a hair color at any time the hairstyle, color, length, or grooming is considered inappropriate for school.)

- Boys' facial hair should be well-kept and neatly groomed
- Boys' hairstyles may not include man buns and ponytails
- No shaving of any part of the head beyond what would be considered a "traditional" haircut (i.e. mohawks)
- No hair should be lower than eyebrow level in front

CASUAL FOR A CAUSE AND DRESS-UP DAYS

On occasion, administration may announce a *Casual for a Cause* day to serve as a fundraiser for a particular cause or activity. Although *Casual for a Cause* days allow students to dress more casually, it is not a time to disregard other elements of the Dress and Appearance Code. Hats or out-of-code piercings should not be worn, and students should not wear immodest (fingertip length still applies), torn, or more leisurely attire (i.e. pajama pants, etc.).

During special dress-up spirit days, for example during Homecoming week, students are expected to adhere to the theme presented. If a student decides not to participate in a *Casual for a Cause* day or dress-up spirit day/week, they must adhere to the regular dress code guidelines.

VIOLATING DRESS CODE

All members of the LHS community (students, parents, teachers, and administrators) share in the responsibility for implementation of these guidelines. Students who are not in accordance with the dress code will be asked to make necessary corrections. Missing significant class time as a result of a dress code violation may be counted as an unexcused absence. Students will be issued a detention with accompanying fine for additional offenses, whether or not class time is

missed. Consequences will increase with frequency of inappropriate appearance in accordance with our Five-Step Disciplinary System.

- 1st dress code violation = Level A Infraction
- 2nd dress code violation = Level B Infraction
- 3rd dress code violation = Level B Infraction
- 4th dress code violation = Level B Infraction (move to Step 3, which results in a 3-day suspension)
- 5th dress code violation = Level B Infraction (move to Step 4, which results in another 3-day suspension)
- 6th dress code violation = Level B Infraction (move to Step 5, which results in a recommendation for expulsion from Lutheran High School)